

Fouetté bas jambe avant



Fouetté bas jambe arrière



Fouetté médian jambe avant



Fouetté médian jambe arrière



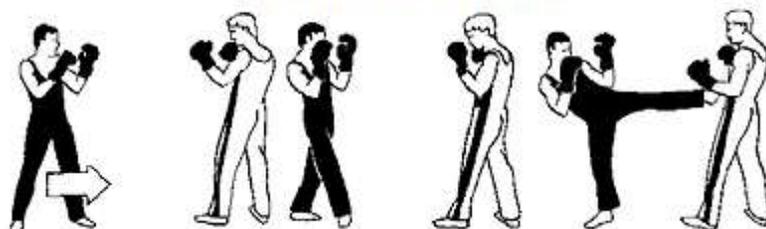
Fouetté haut jambe avant



Fouetté haut jambe arrière



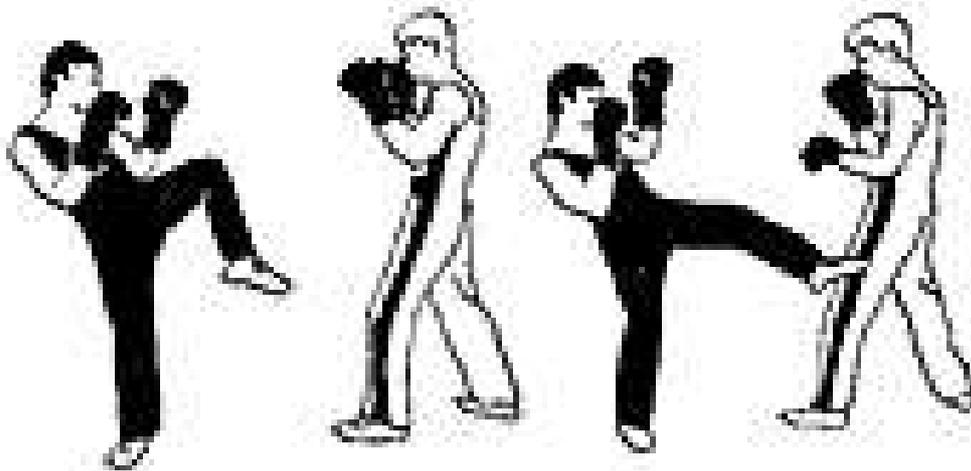
Fouetté croisé médian



Le chassé frontal



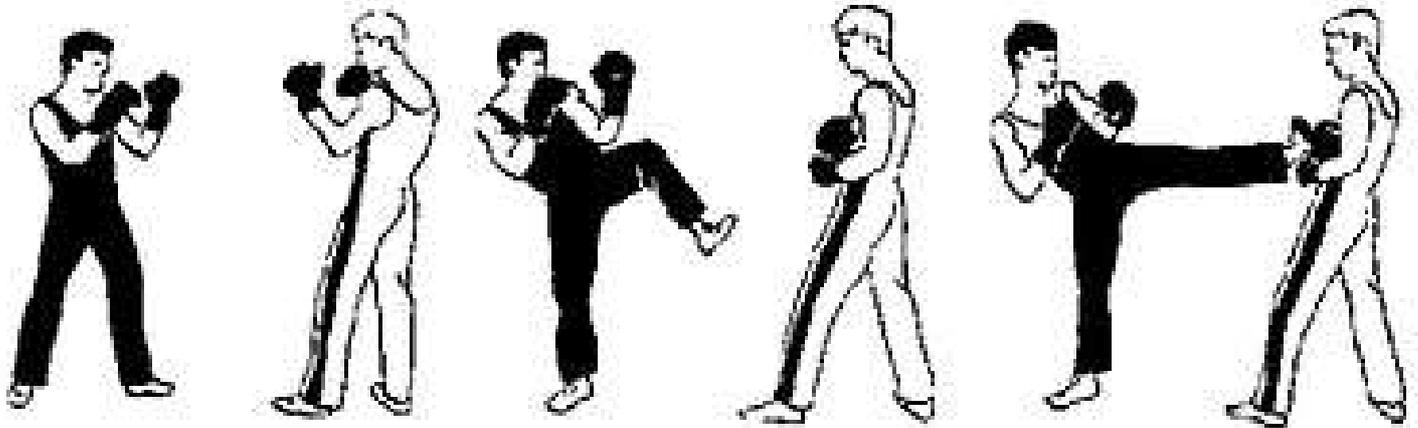
Le chassé frontal bas



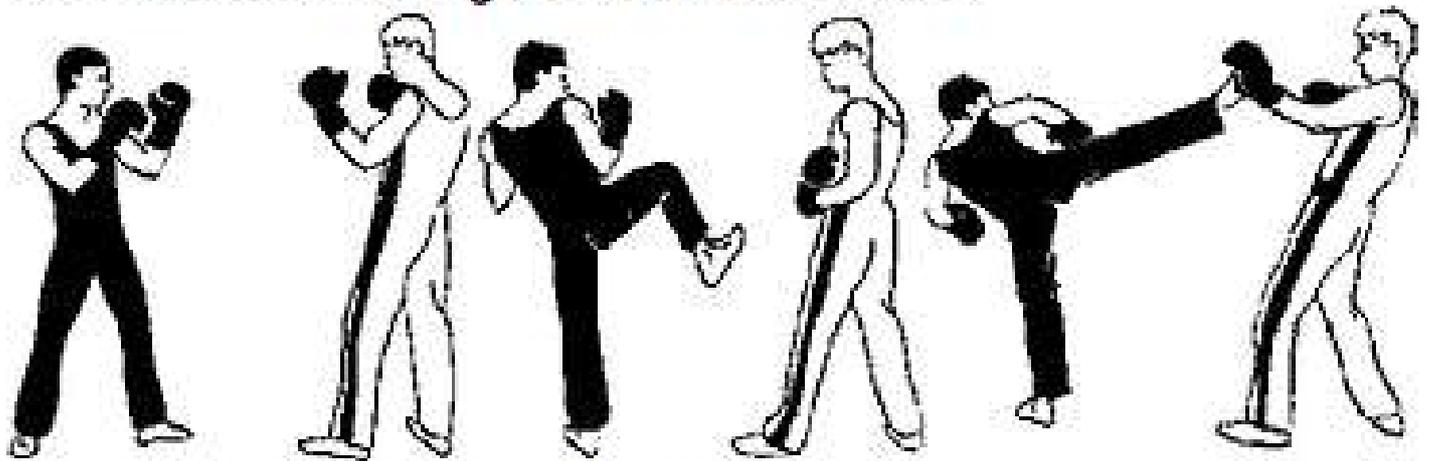
Chassé haut jambe avant



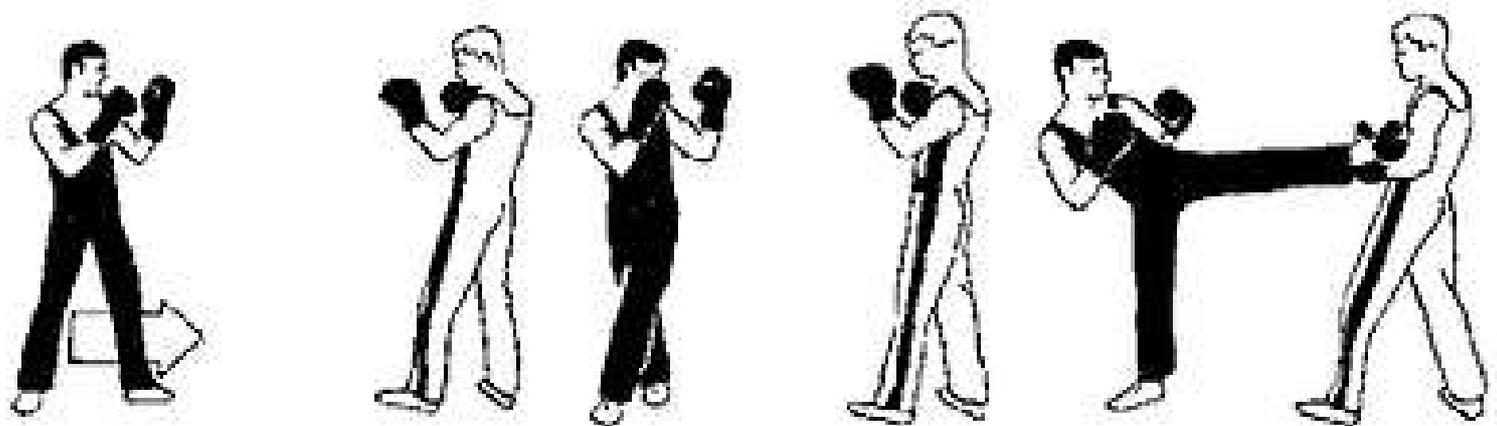
Chassé médian jambe avant



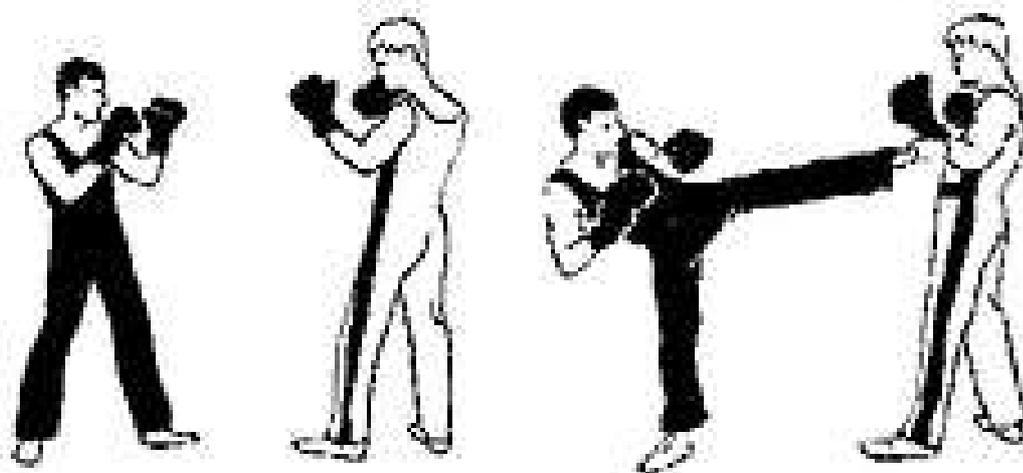
Chassé haut jambe arrière



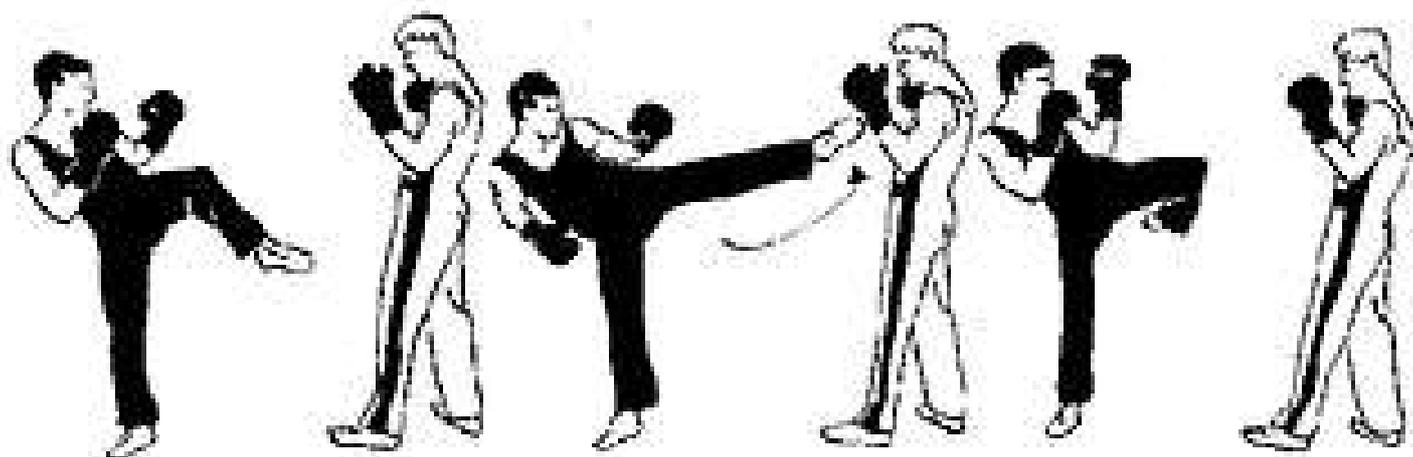
Chassé croisé médian



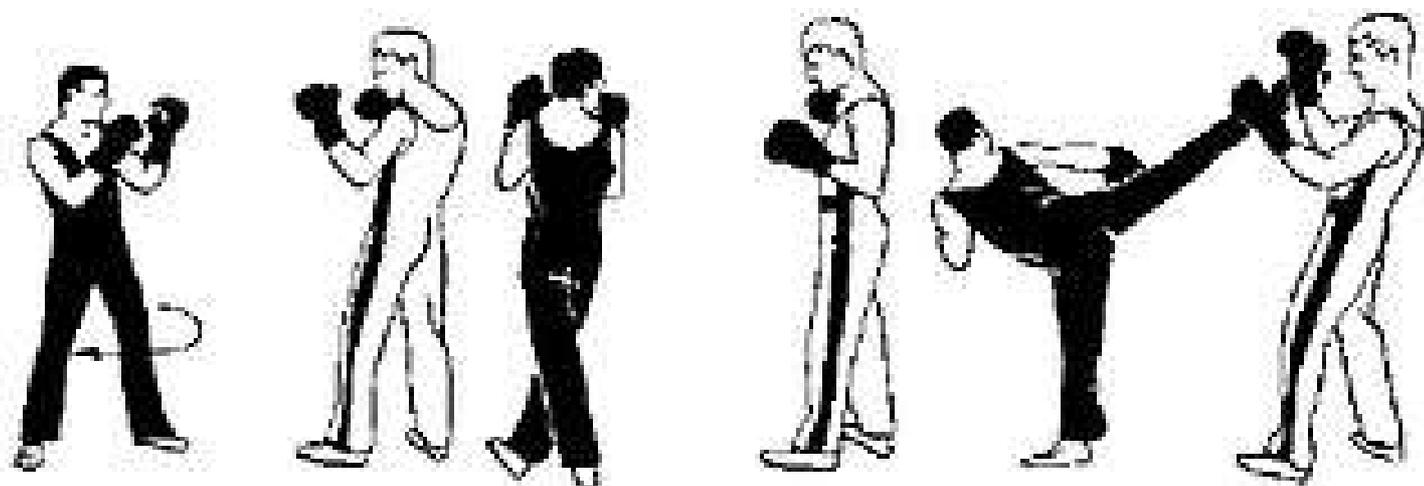
Revers jambe tendue



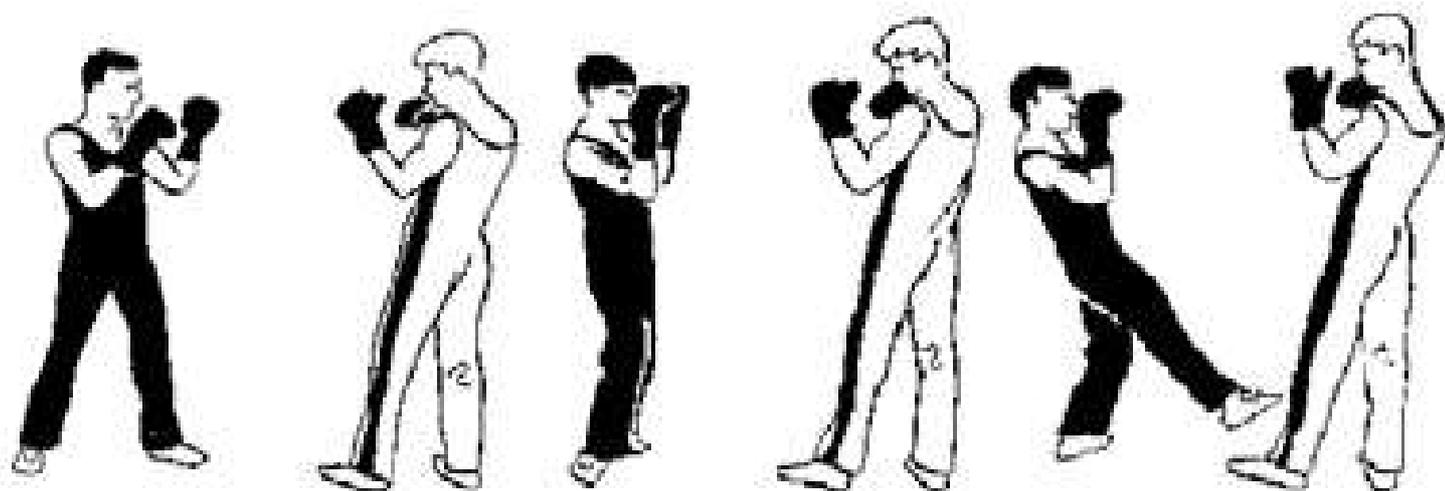
Revers fouetté



Revers tournant



Coup de pied bas



Le balayage

Technique particulière portée en ligne basse afin de faire chuter l'adversaire.

